

Recommended Books for Supportive Adults of Trans & Nonbinary Youth



Books for Educators, Providers, & Caregivers

- *50 Ways of Saying Fabulous*, Graeme Aitken, 2015
- *Becoming Nicole: The Transformation of an American Family*, Amy Ellis Nutt, 2016.
- *Beyond the Gender Binary*, Alok Vaid-Menon, 2020.
- *Circle of Change*, Laney Cairo, 2016.
- *Helping Your Transgender Child*, Irwin Krieger, 2011.
- *Far From the Tree: Parents, Children, and the Search for Identity*, Andrew Solomon, 2012.
- *Found in Transition: A Mother's Evolution During her Child's Gender Change*, Paria Hassouri, 2020.
- *Gender Born, Gender Made: Raising Healthy, GNC Children*, Diane Ehrensaft, 2011.
- *Gender Outlaws: The Next Generation*, Katie Bornstein, 2010.
- *How We Do Family: From Adoption to Trans Pregnancy, What We Learned about Love and LGBTQ Parenthood*, Trystan Reese, 2021.
- *My Child is Transgender: 10 Tips for Parents of Adult Trans Children*, Matt Kailey, 2012.
- *My Daughter He: Transitioning with our Transgender Children*, Candace Waldron, 2014.
- *Principles of Transgender Medicine and Surgery*, R. Ettner, S. Monstrey, & E. Coleman, 2016.
- *Rainbow Family Collection: Selecting and Using Children's Books with Lesbian, Gay, Bisexual, Transgender, and Queer Content*, Jamie Campbell Naidoo, 2012.
- *Raising the Transgender Child: A Complete Guide for Parents, Families, & Caregivers*, M. Angelo, 2016.
- *Raising Ryland*. Hillary Whittington, 2016.
- *Second Son: Transitioning Toward My Destiny, Love, and Life*, Ryan K. Sallans, 2012.
- *She's Not There: A Life in Two Genders*, Jennifer Finney Boylan, 2013.
- *Stuck in the Middle With You: A Memoir of Parenting in Three Genders*, Jennifer Finney Boylan, 2013.
- *The Bold World: A Memoir of Family and Transformation*, Jodie Patterson, 2019.
- *The Gender Affirmative Model: An Interdisciplinary Approach to Supporting Transgender and Gender Expansive Children (Perspectives on Sexual Orientation and Diversity)*, Colt Keo-Myer (Editor), 2018.
- *The Gender Creative Child*, Diane Ehrensaft 2016.
- *The Reflective Workbook for Parents and Families of Transgender and Non-Binary Children: Your Transition as Your Child Transitions Workbook*, D.M. Maynard, 2020.
- *The Transgender Child: A Handbook for Families and Professionals*, Brill & Pepper, 2008.
- *The Transgender Teen*, Stephanie A. Brill & Lisa Kenney, 2016.
- *Trans Bodies, Trans Selves: A Resource for the Trans Community*, Laura Erickson-Schroth, 2015.
- *Transgender Children and Youth: Cultivating Pride and Joy with Families*, Elijah C. Nealy, 2017.
- *Trans-kin: A Guide for Family & Friends of Transgender People*, Cameron Whitley (Editor), 2012.
- *Transitions of the Heart: Stories of Love, Struggle, and Acceptance by Mothers of Transgender and Gender Variant Children*, Rachel Pepper (Editor), 2012.
- *Trans/Portraits: Voices from Transgender Communities*. Jackson Wright Shultz, 2015.
- *Transgender Family Law: A Guide to Effective Advocacy*, Jennifer L. Levi, Ed., 2012.
- *Transgender History: The Roots of Today's Revolution*, Susan Stryker, 2017.
- *Transgender Transition: Quick Start Guidebook*, Sky Logan, 2016.
- *Transitions of the Heart: Stories of Love, Struggle, and Acceptance by Mothers of Transgender and Gender Variant Children*, Rachel Pepper, Ed., 2012.

Selected Curriculum Resources for Educators

- *Gender Inclusive Sexual Health Education*, AMAZE., 2021.
- *Gender Inclusive Lesson Plans for Science / Biology Classes*, *Gender Inclusive Biology*, 2021.
- *Ready, Set, Respect: Elementary Toolkit*, GLSEN, 2016.
- *Lesson Plans to Create Gender Expansive Classrooms*, Welcoming Schools, 2021.